## Calhoun County Schools

Page 1

Elementary Lunch September 2019

Aug 19, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2	Sep - 3	Sep - 4	Sep - 5	Sep - 6
Labor Day	Cheesy Chicken & Ric Green Beans Romaine Spinach Sala Ranch Dressing Sliced Peaches Breadstick WW Milk Choice	Hotdog Baked Beans Creamy Coleslaw Mixed Fruit Brownie, WG Milk Choice	Chicken Fajita Refried Beans Chopped Romaine Tomatoes Chilled Pineapple Milk Choice	Pork Roast Potato, whole roasted Glazed Carrots Toasted Bun Apple Milk Choice
Sep - 9	Sep - 10	Sep - 11	Sep - 12	Sep - 13
Chix Sandwich Baked Beans Sweet Potatoes Fries Sliced Peaches Brownie, WG Milk Choice	Steak Nuggets Mashed Potatoes Gravy Green Beans Mixed Fruit Rolls, WW Milk Choice	Hamburger Fries, oven cook straig Glazed Carrots Pears Milk Choice	Pizza, Pepperoni 4X6, California Vegetables Romaine Spinach Sala Ranch Dressing Marinara Sauce Breadstick WW Chilled Pineapple Milk Choice	BBQ Pork Sandwich Creamy Coleslaw WK Corn Apple Milk Choice
Sep - 16	Sep - 17	Sep - 18	Sep - 19	Sep - 20
Grilled Chix Sand Potatoes, Rds/Tots Chopped Romaine Mixed Fruit Milk Choice	Chicken Nuggets Green Beans Mashed Potatoes Breadstick WW Sliced Peaches Milk Choice	Cheese Pizza Dippers Carrot Sticks w/Dip Marinara Sauce Chopped Romaine and Ranch Dressing Chilled Pineapple Milk Choice	Mexican Skillet WK Corn Black Eye Peas Belly Bears WG Choc Oranges Milk Choice	Crispito Cheddar Cheese, Shre Pinto Beans Chopped Romaine and Ranch Dressing Apple Milk Choice
Sep - 23	Sep - 24	Sep - 25	Sep - 26	Sep - 27
Corn Dog Baked Beans Chopped Romaine Ranch Dressing Sliced Peaches Milk Choice	Spaghetti WK Corn Romaine Spinach Sala Ranch Dressing Chilled Pineapple Breadstick WW Milk Choice	Sloppy Joes Creamy Coleslaw Fries, oven cook straig Pears Belly Bears WG Choc Milk Choice	Chicken Fajita Refried Beans Chopped Romaine Tomatoes Mandarin Oranges Milk Choice	Chix Sandwich Potatoes, Rds/Tots Chopped Romaine Mixed Fruit Milk Choice
Sep - 30				
Turkey & Gravy Potato, whole roasted Glazed Carrots Toasted Bun Pears Milk Choice				

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program. Menu is subject to change.

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.